

OUTSTANDING TEACHING, LEARNING AND ASSESSMENT TECHNICAL SKILLS NATIONAL PROGRAMME

Output 12: Problem Based Learning Reflective Diary and skills tracker
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Week 1

What went well this week?

What challenges have you faced?

What have you learned? (what knowledge have you gained from what you have done?)

What could you have done better this week?

Actions for next week:

Week	Punctuality	Participation in discussions	Bringing relevant information to the discussion	Using a variety of sources to bring information	Communicating ideas clearly	Demonstrating positive behaviours	Justifying comments made	Accepting and giving constructive criticism.	Other:Please State
1									
2									
3									
4									
5									

Rate yourself on a scale of 1-10 (10 being outstanding and 1 being inadequate)

<p>Reflect on the above. What can you do next week to improve your skills?</p>
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Week 2

What went well this week?

What challenges have you faced?

What have you learned? (what knowledge have you gained from what you have done?)

What could you have done better this week?

Actions for next week:

Week	Punctuality	Participation in discussions	Bringing relevant information to the discussion	Using a variety of sources to bring information	Communicating ideas clearly	Demonstrating positive behaviours	Justifying comments made	Accepting and giving constructive criticism.	Other:Please State
1									
2									
3									
4									
5									

Rate yourself on a scale of 1-10 (10 being outstanding and 1 being inadequate)

Reflect on the above. What can you do next week to improve your skills?

Week 3

What went well this week?

What challenges have you faced?

What have you learned? (what knowledge have you gained from what you have done?)

What could you have done better this week?

Actions for next week:

Week	Punctuality	Participation in discussions	Bringing relevant information to the discussion	Using a variety of sources to bring information	Communicating ideas clearly	Demonstrating positive behaviours	Justifying comments made	Accepting and giving constructive criticism.	Other:Please State
1									
2									
3									
4									
5									

Rate yourself on a scale of 1-10 (10 being outstanding and 1 being inadequate)

Reflect on the above. What can you do next week to improve your skills?

Week 4

What went well this week?

What challenges have you faced?

What have you learned? (what knowledge have you gained from what you have done?)

What could you have done better this week?

Actions for next week:

Week	Punctuality	Participation in discussions	Bringing relevant information to the discussion	Using a variety of sources to bring information	Communicating ideas clearly	Demonstrating positive behaviours	Justifying comments made	Accepting and giving constructive criticism.	Other:Please State
1									
2									
3									
4									
5									

Rate yourself on a scale of 1-10 (10 being outstanding and 1 being inadequate)

Reflect on the above. What can you do next week to improve your skills?

Final Thoughts on PBL: Please write a paragraph on your final thoughts. What did you enjoy the most/least. What suggestions do you have to improve the experience.